



# FOOT NOTES

"Keeping you on your toes!"

Find Us On:



## About Us:

Foot & Ankle education literature is right at your fingertips! The Freeland Foot & Ankle Clinic blog by Dr. Dailey comes out once a month and can be accessed on our website. Topics range from "Am I buying the right gym shoe for my child?" to "Do I need surgery for my bunion?" Find answers to many questions on the FFAC blog...for you or someone you know!



### Tip-py Toes:

Running shoes!

- ~ Always try the shoes on.
- ~ Research what style is best for your type of foot.
- ~ Have your foot measured for the correct size.
- ~ "Break in" your shoes before going on a long run.

### Community:

What a successful Walleye Festival it was! We appreciate everyone who came out to the Freeland Foot & Ankle Booth. Looking forward to next year!

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Our office will start collecting shoes for our annual Flip Flop the World Shoe Drive. You can drop them off during our normal office hours. (See back for more details)



## MAY IS NATIONAL RUNNERS MONTH!



### Deal of the Month

**SteriShoe+ is 10% off for the month of May!**

SteriShoe uses the power of ultraviolet (UV) light to kill the infection causing germs that live inside shoes.

**7305 Midland Road, Suite #2 - Freeland, MI 48623**  
**(989) 695-6788 - freelandfoot.com**

# FLIP FLOP THE WORLD SHOE DRIVE

NEW AND USED SHOES ARE ACCEPTED

JUNE 14TH–18TH, 2021 (during office hours)

Drop off at Freeland Foot & Ankle Clinic  
7305 Midland Road #2  
Freeland MI  
[FreelandFoot.com](http://FreelandFoot.com)

FOOD TRUCKS AND FACE  
PAINTING ON SITE!



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**Foot & Ankle**  
CLINIC