

FEBRUARY

FOOT NOTES

FREELAND
Foot & Ankle
CLINIC

Find Us On:



About Us:

Dr. Dailey provides comprehensive treatment options for a wide range of foot and ankle conditions. Most foot problems and pain can be addressed from the comfort of our office.



Tip-py Toes:

Socks. Finding the perfect pair can be difficult, but worth it in many ways.

Here are a few tips when looking for good quality socks for any age.

- ~ Socks should feel snug against your feet, without extra fabric that may create a blister.
- ~ They are too tight if the socks are putting strain on your toes or impressions on your ankles.
- ~ Consider what shoes you wear most and what will feel comfortable in THAT shoe.
- ~ Consider the season and purpose for the socks. Thick wool socks in the winter VS thinner acrylic ankle socks in the summer.



Deal of the Month

15% off Urea Care (ends 2/28/21)

Urea Care is an intensive skin therapy cream that provides immediate relief from dry, rough and calloused skin.

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