



FREELAND

Foot & Ankle

CLINIC

STAY ACTIVE THIS AUGUST

Foot or ankle pain doesn't have to slow you down. Whether you're staying active, playing sports, or simply enjoying everyday life, Laser Pain Therapy can help you move more comfortably.

This safe, non-invasive treatment uses therapeutic light energy to reduce inflammation, improve circulation, and promote your body's natural healing process.

Treatments are quick, comfortable, and require no downtime. It may benefit conditions such as:

- Sports injuries • Plantar fasciitis
- Neuromas • Achilles tendonitis
- Ankle sprains • Arthritis

LASER PAIN THERAPY



BENEFITS OF LASER PAIN THERAPY

- 1 Helps reduce pain and inflammation
- 2 No injections or surgery
- 3 Encourages faster healing
- 4 Quick, comfortable treatments
- 5 Helps you stay active and moving



A SWEET TREAT IS ON US!

August is Patient Appreciation Month! As a thank you, every patient seen this month will receive **ONE FREE ice cream cone from Twisters in Freeland!**



Ask the front desk for a free ice cream cone ticket!

LASER PAIN THERAPY AUGUST DEAL

- 3 TREATMENTS:**
- Non-invasive
 - No downtime
 - Drug-free
- One Foot — **\$120**
Both Feet — **\$185**

Target Pain. Promote Healing.

ABOUT RYAN: MEDICAL ASSISTANT

Ryan has been a medical assistant at F.F.A.C. for over five years. He enjoys educating patients about their treatment options and helping them find relief with Laser Pain Therapy, one of his favorite non-invasive treatments. We asked Ryan to answer a few of the most common questions he hears from patients about laser therapy!



STAY ACTIVE THIS AUGUST CHALLENGE

Track your progress below and challenge yourself to stay active all month long!

Ways to Get Moving:

- Walk • Bike • Yoga
- Hike • Pickleball • Stretching
- Swim • Golf • Garden



Move 30 Minutes ★ 5 Days per Week

Week 1 ☐ ☐ ☐ ☐ ☐

Week 2 ☐ ☐ ☐ ☐ ☐

Week 3 ☐ ☐ ☐ ☐ ☐

Week 4 ☐ ☐ ☐ ☐ ☐



Laser Pain Therapy Q&A with RYAN

Q: Does Laser Pain Therapy hurt?



Ryan: Not at all! It actually feels really good. Most patients describe it as a gentle warming sensation.

Q: What conditions can Laser Pain Therapy treat?

Ryan: It can help patients with plantar fasciitis, heel pain, achilles tendonitis, arthritis, sports injuries, neuromas, and more!

Q: How long does a treatment take?

Ryan: Most appointments take about 10 minutes, making it easy to fit into your day!

Q: What's your favorite part about L.P.T.?

Ryan: That it's an easy, non-invasive treatment that doesn't require surgery, injections, or downtime.

Questions?

Call (989) 695-6788
and ask for Ryan!

